

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1.	2.	3. <b>SW CDD Meeting</b> 4pm at the Fitness Center	4.	5. Sound Healing with Lina 4pm \$
6.	7.	8.	9. Meditation 10:30am Pickleball League Pay 6pm	10. Advanced Open play 6-9pm	11.	12.
13. Triathlon Meeting 4-5pm SWIM-A-THON	14.	15.	16. Meditation 10:30am Pickleball League Pay 6pm	17. Advanced open play 6-9pm	18.	19.
20. <b>EASTER</b>	21.	22.	23. Meditation 10:30am Pickleball League Pay 6pm	24. Advanced open play 6-9pm	25.	26. World TAI CHI DAY
27.	28.	29.	30. Meditation 10:30am Pickleball League Pay 6pm			



April 3rd  
Sweetwater  
CDD MEETING  
4pm at the  
Fitness Center

CDD MEETING

Board of Supervisors  
Sweetwater Creek Community Development District  
**Call In #: 1-877-304-9269; Code 186663**

Dear Board Members:

The Sweetwater Creek Community Development District Board of Supervisors and Audit Committee Meetings are scheduled for **Thursday, April 3, 2025 at 4:00 p.m. at the Fitness Center, 1865 N. Loop Parkway, St. Augustine, Florida 32095.** Following are the agendas for the meetings:

**Audit Committee Meeting**

- I. Call to Order
- II. Approval of Auditor Selection Evaluation Criteria
- III. Other Business
- IV. Adjournment

**Board of Supervisors Meeting**

- I. Roll Call
- II. Public Comment (limited to three minutes)
- III. Approval of the Consent Agenda
  - A. Minutes
    - 1. March 3, 2025 Workshop
    - 2. March 11, 2025 Board of Supervisors Meeting
  - B. Financial Statements
  - C. Check Register
  - D. Ratification of Requisition Nos. 152-154
- IV. Staff Report
  - A. Landscape Team – Maintenance Report
  - B. District Engineer – Update Regarding Major Modification Application
  - C. District Counsel
  - D. District Manager
    - 1. Update on Cost Share True-Up Invoice
    - 2. Financial Update
  - E. Field Manager – Report
  - F. Director of Amenities – Report

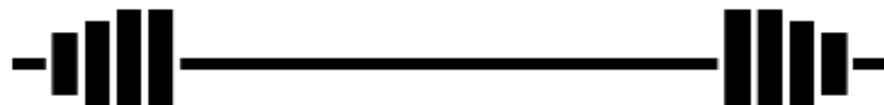
- V. Acceptance of the Audit Committee’s Recommended Criteria and Authorizing Staff to Issue and Request for Proposals for Audit Services
- VI. Update Regarding Process for Potential Conversion to Taxable Bonds
- VII. Update Regarding Capital Reserve Study
- VIII. Board Guidance Regarding Fiscal Year 2026 Budget
- IX. Other Business
- X. Supervisor Requests / Public Comment
- XI. Next Scheduled Meeting – Thursday, May 1, 2025 at 4:00 p.m. at the Fitness Center, 1865 N. Loop Parkway, St. Augustine, Florida 32095
- XII. Adjournment

April CDD Meeting Agenda

**PUBLIC CONDUCT:** Members of the public are provided the opportunity for public comment during the meeting. Each member of the public is limited to three (3) minutes, at the discretion of the Presiding Officer, which may be shortened depending on the number of speakers. Speakers shall refrain from disorderly conduct, including launching personal attacks; the Presiding Officer shall have the discretion to remove any speaker that disregards the District's public decorum policies. Public comments are not a Q&A session; Board Supervisors are not expected to respond to questions during the public comment period.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00am HIIT H		6:00am HIIT H				
	8:30am Cardio X Training M/H	8:45am Spin M/H	8:30am Cardio X Training M/H			
9:00am Pilates M		10:00am Yoga E		9:00am Gentle Yoga E		
10:15am Spin M/H	10:00am Cardio/Core E/M	10:30am Meditation E	10:00am Strong All Over E			
11:10am Senior Stretch E	11:00am Senior Mat Pilates E		11:00am Senior Mat Pilates E			4:00pm Yoga E/M
	12:30pm Tai Chi E		12:30pm Tai Chi E	12:00pm Senior Stretch E	<b>Fitness Center:</b> <a href="tel:(904)829-8584">(904) 829-8584</a> <b>Amenity Center:</b> <a href="tel:(904)810-0520">(904) 810-0520</a> <b>E= Easy M= Medium H= Hard</b> 4/1/2025	
		3:05pm Kids Fitness E				
	5:15pm Vogalates M	5:15pm Power Yoga M/H				
6:00pm Pilates Barre M/H	6:30pm Power Pump M/H					

# FITNESS SCHEDULE







Name: Yin & Meditation Sound Healing Workshop

Date: Saturday, Apr 5th

Time: 4:00 pm - 5:00 pm

Fee: \$15 per person paid to the instructor - see contact below for specifics

Who can come: It's for everyone. All you need to do is to bring your yoga mat.

Instructor: Lina Hermez, she is a certified 500-hour Advanced Yoga teacher who finished her studies in the Himalayan Mountains of Nepal.

This workshop is designed to introduce and deepen your self-exploration journey through the chakra system. Sound healing is one of the most effective ways that we can use to balance our chakras to clean up outdated, dysfunctional or negative programming that may be getting in the way of living our best life.

Sound Healing is an ancient meditative practice that uses different musical implements to create healing vibrations around the body in a meditative state. Lina will use Quartz crystal bowls and ancient Tibetan metal bowls that are tuned at strategic frequencies for healing different parts of the body and mind.

In addition, dynamic breathing, Asanas (yoga poses) and meditation to build physical vitality and spiritual consciousness will be incorporated to the class. The goal is to increase your self-awareness by silencing your mind. You leave feeling so relaxed and peaceful, yet your body is flowing with positive energy.

**For questions and to reserve a spot contact Lina at  
[lina.hermez@gmail.com](mailto:lina.hermez@gmail.com)**

Join Lina in a  
Sound Healing Class  
Saturday April 5<sup>th</sup> 4-5pm at the  
Fitness Center.  
Please preregister for this class  
as space is limited