



PALENCIA

COMMUNITY COMPASS

July 2025 Edition

Discover Palencia ~ Your Map to Community Living and

AMENITY HOURS

[Click Here for the Palencia Online Calendar](#)



MC Amenity Center and Pools

Pools

Sunday through Saturday

9:00 AM - 8:00 PM

Slide

June + July Hours:

Mon-Thurs: 12-6

Fri-Sun: 11-7

Center

9:00 AM - 8:00 PM

Palencia Tennis

Courts available

7:00am - 10:00 PM daily

Tennis Shop Hours of Operation

Monday-Friday 8:00 AM - 7:00 PM

Saturday & Sunday 8:00 AM - 4:00 PM



Sweetwater **Swim & Fitness Center**

[CLICK HERE for Current Hours and Information](#)

CELEBRATE INDEPENDENCE AT THE AMENITY CENTER

The poster features a central white rectangular area with a blue border. Above the title are three red stars. The title 'Independence CELEBRATION Day' is centered, with 'Independence' in blue script, 'CELEBRATION' in large red block letters, and 'Day' in blue script. Below the title is a black-bordered box containing the date and time. The background of the poster is decorated with red and white diagonal stripes at the top and a blue field with white stars at the bottom. Four red stars and two firework graphics are positioned around the central text area.

Independence CELEBRATION Day

JULY 5TH | 12-3PM

**FOAM
CANNON**

**LIVE MUSIC BY:
NOW
WE'RE
EVEN**

**ICE CREAM
BAR**

WHILE SUPPLIES LAST

FITNESS CENTER

SW JULY 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2 Pickleball League	3	4 FITNESS CENTER HOURS 5AM-4PM No Swim Team	5 No Swim Team
6	7	8	9 Pickleball League	10 Sweetwater CDD Meeting 4pm at the Fitness Center	11	12 Backhand Pickleball Clinic 10-12pm \$
13	14	15	16 Pickleball League	17	18	19 Drop it or Drive It? Pickleball Clinic 10-12pm \$
20	21	22	23 Pickleball League	24	25	26 Game Strategy And Analysis Pickleball Clinic 10-12pm \$ No Swim Team
27	28 No Swim Team	29 No Swim Team	30 Pickleball League No Swim Team	31 No Swim Team		

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00am HIIT H		6:00am HIIT H				
	8:30am Cardio X Training M/H	8:45am Spin M/H	8:30am Cardio X Training M/H			
9:00am Pilates M		10:00am Yoga E		9:00am Gentle Yoga E	9:00am Zumba E/M	
10:15am Spin M/H	10:00am Cardio/Core E/M	0:30am Meditation E	10:00am Strong All Over E			
11:10am Senior Stretch E	11:00am Senior Mat Pilates E		11:00am Senior Mat Pilates E			4:00pm Yoga E/M
	12:30pm Tai Chi-Beg E		12:30pm Tai Chi E	12:00pm Senior Stretch E	Fitness Center: (904) 829 -8584 Amenity Center: (904) 810-0520 E= Easy M= Medium H= Hard 7/1/2025	
	5:15pm Yogalates M	5:15pm Power Yoga M/H				
6:00pm Pilates Barre M/H	6:30pm Power Pump M/H	6:30pm Zumba E/M				

FITNESS SCHEDULE



FITNESS CENTER

HAPPY
*4th of
July*

Sweetwater Fitness Hours:

5am - 4pm Friday 7/4

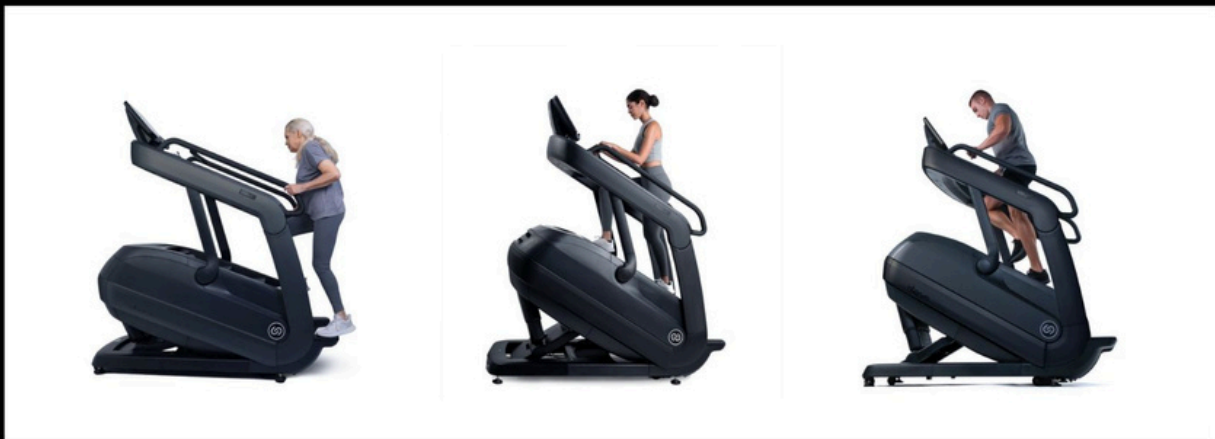
9am Gentle Yoga - Cancelled

12pm Senior Stretch - Cancelled

FITNESS CENTER

Come try out the NEW Intenza Stair Climber at the Fitness Center

- **Adjustable step heights (4" to 7—7") allows you to tailor workouts to your unique body structure and mobility. This ensures proper biomechanics and safe muscle activation while maximizing your results.**
- **Incline training targets glutes, hamstrings, and calves, while decline training focuses on quads. This machine is great for all ages and levels, it can be customized to your level and needs**



FITNESS CENTER

Pickleball Clinic's At the Fitness Center



Saturday - July 12, 10:00-12:00

Backhand Clinic-\$

Everything backhand from Dinking to Driving!



Saturday - July 19, 10:00-12:00

Drop It or Drive It?-\$

Pickleball is evolving.

Learn how to drop and drive and when to do it!!



Saturday - July 26, 10:00-12:00

Game Strategy and Analysis-\$

**Learn the "Why and How" of strategic pickleball
from shot selection, court position and
communication!**

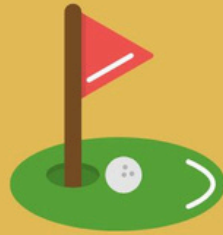


Darcy's Contact Info:

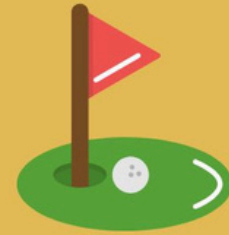
darcy.miller@comcast.net

904-891-6573

FITNESS CENTER



Mini Golf La Palma



La Palma Park has been going through some transformations lately. Signs were changed out, NEW TURF was installed, and the bricks were power washed. Bring your own putter and ball to enjoy a quick round of mini golf.



Sweetwater Park

TENNIS



Wimbledon Whites and Woods Tennis Social

Saturday, July 12th, 2025

8:30 am - 10:30 am

Members: \$10 Guests: \$15

The Palencia Tennis Center invites all tennis fans out to the Wimbledon Whites and Woods Social. All participants are encouraged to wear all white tennis apparel!

Come out to our tennis round robin and join in on the FUN! Socialize with your fellow members while playing some tennis. Try out a wood racquet!

All levels are WELCOME!

Price includes drinks and snacks.

Please sign up through the tennis office by calling

904-825-4012 or email us at palenciatennis@marshallcreekcdd.com



JULY NEWSLETTER

Youth Tennis News:
Summer youth programs continue through August 8th! Check Palenciaonline or in the Tennis Center for information.

Your child(ren) must be 5 years or older to participate.

Week 4: 7/1-7/3

Week 5: 7/15-17

Week 6: 7/22-7/24

Week 7: 7/29-7/31

Week 8: 8/5-8/7

Fall classes begin, Monday, Aug. 18th!

You must sign up in advance!

Adult Tennis News:
We've added a new drill clinic on Monday mornings from 6:30 a.m.-7:30 a.m.
\$18/pp
Limited to 6 people
Sign up by calling or emailing the Tennis Center!



Tennis Pro Shop will be closed for the holiday. All courts are open on a first come/first serve basis.

Lights will NOT be available for evening play.



Just a reminder to continue to book courts at 8:00 am, 10:00 am and 12:00 pm every day (except Sundays) in order to maximize tennis play. With our youth summer schedule, the mornings are still very busy. Thank you!!!!!!

Palencia Tennis Center

904-825-4012

Office email:

palenciatennis@marshallcreekcdd.com

Tom Salmon-Director of Tennis

tom.salmon@marshallcreekcdd.com

Galina Boles-Head Pro

Galina.boles@marshallcreekcdd.com

Jana McDonald-Tennis Pro

janatennispro@gmail.com

Myron Grunberg-Tennis Pro

Myron49@aol.com

TENNIS



Wimbledon Whites and Woods

A Wimbledon Tennis Social
Saturday, July 12th, 2025
8:30am - 10:30am
Members: \$10 | Guests: \$15

The Palencia Tennis Center invites **all** tennis fans out to the "Wimbledon Whites and Woods" Social. Participants are encouraged to wear all white tennis apparel!

Come out to our tennis round robin and join in on the FUN! Socialize with your fellow members while playing some tennis. Try out a wooden racquet!

All levels are WELCOME!

Price includes drinks and snacks.

Please sign-up through the tennis shop by calling (904) 825-4012 or email palenciatennis@marshallcreekcdd.com

AMENITY CENTER

July 2025



Sun	Mon	Tue	Wed	Thu	Fri	Sat
29	30	1	2	3	4 HAPPY 4 th of July	5 12-3PM Independence CELEBRATION Day
6	7	8 4:30-7PM Chick-fil-A	9	10	11	12
13	14	15	16	17	18 7-9PM TWEEN TAKE OVER	19
20	21	22	23	24	25 6PM TRIVIA NIGHT	26 6PM Loose Botanical Watercolor Workshop
27	28	29	30	31	1	2

Reminder

Effective August 1, 2025, the Amenity Center will no longer accept cash payments.

All payments must be made by debit/credit card or by check payable to Marshall Creek CDD.

Thank you for your understanding and cooperation.

JULY EVENTS

Independence Day Celebration

Saturday, July 5th

12-3pm



Chick-Fil-A

Second Tuesday of the Month

July 8th

5:00-7:30pm or until sell out

Tween Takeover 2!

Friday, July 18th

7-9pm



Trivia & Food Truck Night

Friday, July 25th

5:30-8:00pm



Friday 25 July, 2025 Trivia Start: 6pm Amenity Center: Covered Verandah

TEAMS OF 8 AND UNDER

This is a free, family friendly event.

Must RSVP online by 4:30pm the day of the event.

Weather Permitting

RSVP NOW

Watercolor Workshop

Saturday, July 26th

5pm



Floral Watercolor Workshop

Artist Assel Jaffee (100K+ followers)

Beginner-friendly & includes a glass of wine!

July 26 at 5pm (Amenity Center)

\$30 / person (includes supplies + wine)

RSVP: Text or call (347) 225-1055

Follow Assel Jaffee on Facebook



SLIDE HOURS

Amenity Center Pool Hours:

9am-8pm Everyday

Amenity Center Slide Hours:

May 1st – 23rd

Saturdays & Sundays

12-4

May 24th – August 10th

Monday- Thursday

12-6

Friday-Sunday

11-7

August 11th – September 1st

Saturdays & Sundays

12-4

Open Labor Day Monday

POLICY REMINDERS

Amenity Center:

Pool Policies Reminders:

- All Residents must check in upon entry to the Amenity Center.
- The Adult Pool and Deck are restricted to individuals 18 years or older. Guests of Residents must show proof of age.
- Each household may bring up to 4 guests per day. Residents must check in Guests upon arrival and remain on property with them.
- Children under 14 must be accompanied by a legal guardian at all times.
- Personal music must be kept at a low volume and free of offensive content.
- Glass containers and gum are not permitted on pool decks or in pools.
- Smoking and vaping are prohibited throughout the Amenity Center, including pool areas.
- Pets are not allowed, with the exception of service animals.
- Loud, profane, or abusive language is not allowed.
- Non-potty-trained children must wear a swim diaper with a swimsuit.
- Use of floats, rafts, snorkels, dive sticks, and flotation devices must be approved by Amenity Center staff. Usage may be restricted during peak times or if deemed unsafe.
- Proper, modest swimwear is required.
- Diving, jumping, pushing, running, and horseplay are not permitted.
- Staff may enforce rules through warnings, time-outs, suspensions, or expulsions as necessary.
- Pool furniture must remain in its designated location. Residents are not to move the furniture.
- Please respect the facility and fellow residents by cleaning up after yourself and your guests.

Slide Policies Reminders:

- When slide is closed there is absolutely no climbing or crawling up, or around the slide.
- Must be 40" tall to slide.
- Residents and Guests must climb and slide unassisted.
- One rider at a time.
- Slide feet first, face up.
- Wait for the lifeguard's signal before starting.
- No running, diving, standing, kneeling, rotating, or stopping on the slide.
- Keep arms, hands, and legs inside the flume at all times.
- Flotation devices are prohibited.
- The slide may only be used when lifeguards are on duty.
- Use the slide at your own risk.
- For safety reasons, pregnant individuals and those with health or back issues should not ride.
- No swimming in front of or at the base of the slide.
- Do not exit the pool next to the slide—use the stairs.

NEW AT THE AMENITY CENTER



Hook & Iron Snack Bar

Tuesday- Sunday

11am-6pm

Weather Permitting

We're excited to announce that Hook & Iron,
our brand-new poolside snack bar, is now open and ready to serve
you this season!

Come enjoy fresh bites and cool drinks while you relax by the
pool.

We can't wait to see you at Hook & Iron!



AMENITY CENTER: FITNESS

Fitness Class Schedule

Les Mills BODYCOMBAT

Mondays at 9:00am with Heather S.

Les Mills BODYPUMP

Tues/Wed/Friday with Crispin at 10am

Thurs with Miranda at 10am

To ensure a safe and effective experience due to the intensity of BodyPump, Les Mills recommends that attendees avoid taking the class on consecutive days. Residents may RSVP for either the Monday/Friday or Tuesday/Thursday sessions.

CARDIO STEP

Wednesdays & Fridays

at 8:45am with Crispin

Aqua Fitness Schedule

Season ends Sept 30th

Aqua Aerobics

- **Tuesdays** at 9:00am with Linda
- **Thursdays** at 9:00am with Pat
- **Saturdays** at 9:00am with Patty

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Fitness Classes							
			8:45am Cardio Step		8:45am Cardio Step		
9:00am Body Combat		9:00am Aqua Aerobics		9:00am Aqua Aerobics		9:00am Aqua Aerobics	
10:15am Virtual Body Pump		10:00am Body Pump	10:00am Body Pump	10:00am Body Pump	10:00am Body Pump		
Dance/Cheer: Will return in August							

JULY

AMENITY CENTER CLASSES

AMENITY CENTER: CLUBS

[Click Here for the Palencia Online Calendar](#)



Palencia Game Club
Monday's at 11am
Canceled for Summer



Mah Jongg
Monday's at 1pm



Men's Bible Study
Monday's (Except last Monday)
7pm



Ladies Canasta Club
Tuesday's
10am



Palencia Gems Club
TBD



Vintage Ladies Book Bunch
Third Tuesday
4pm



Just Books Club
Third Wednesday
12pm



Farkle
Thursday's
12:30pm

PALENCIA GOLF CLUB

REMINDERS:

Dear Residents,

As summer continues and children enjoy their break from school, we'd like to remind everyone that the golf course is private property, and access is restricted to authorized individuals only. While we understand the appeal of the beautiful green spaces for walking, biking, fishing, and other activities, these are not permitted on the golf course at any time.

For your safety and the safety of others, please be aware that the golf course is an active playing area. Unsupervised presence can lead to accidents or injuries due to flying golf balls, moving maintenance equipment, and other hazards. In addition to safety concerns, trespassing on the course can disrupt play and damage the grounds.

We especially ask parents and guardians to speak with their children about the importance of respecting these boundaries. With school out, we know the temptation to explore the course may be strong, but we kindly request your help in ensuring all children understand and follow these rules.

Thank you for your cooperation in keeping our community safe and enjoyable for everyone.

Respectfully,
Jillian Smothers

Regional Manager
Hampton Golf



New Feature

BREAKING NEWS

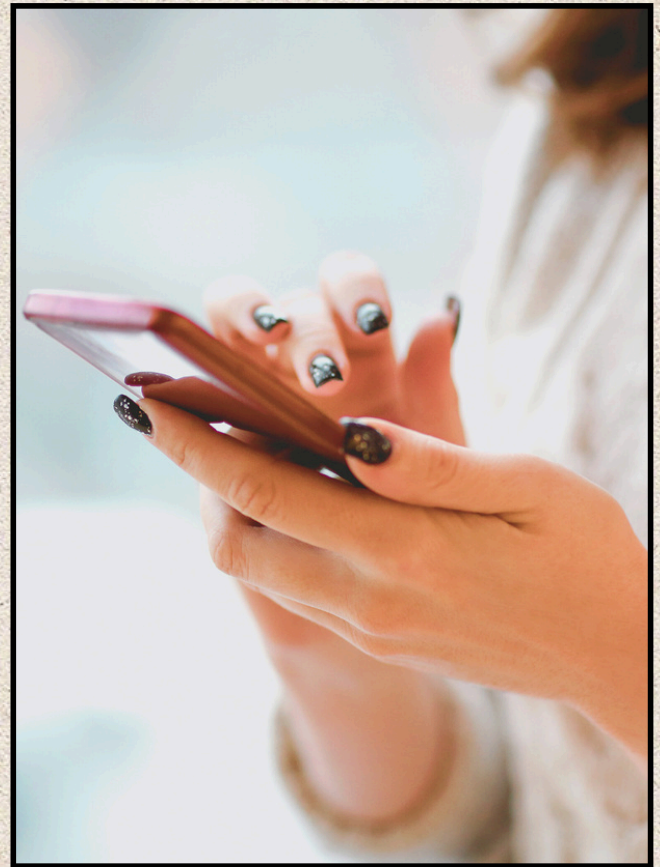
Introducing text/SMS message notifications for PalenciaOnline.

We're excited to announce a new way to stay connected with CDD news and updates! PalenciaOnline is introducing a text/SMS notification service to ensure you receive timely information straight to your mobile devices.

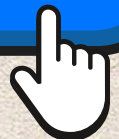
By subscribing to our text notifications, you'll get:

- Instant Alerts: Receive urgent updates and reminders directly.
- Community News: Stay informed about events, maintenance schedules, and more.
- Important Announcements: Meeting reminders, facility schedule information, etc.

To join, click here from your mobile phone or other device. Standard messaging rates apply.



REGISTER HERE



Your privacy is important to us. You can unsubscribe at any time by responding to any Palencia text with the word "Stop". We value your participation and look forward to keeping you informed through this convenient new communication tool.

Thank you for being part of our Palencia community!

PALENCIA

Onsite CDD Management Contacts

General Manager

Jodi Moore

jmoore@vestapropertyservices.com

Assistant General Manager

Denise Powers

dpowers@vestapropertyservices.com

Fitness Center Manager

Erin Gunia

egunia@rmsnf.com

Operations Manager

Dan Wright

dwright@rmsnf.com

Please call (904) 810-0520 for a new resident appointment.

CDD Information

Marshall Creek CDD Meeting

Board Meeting

7/16 at 4pm

At the Amenity Center

Sweetwater CDD Meeting

Board Meeting

7/10 at 4pm

At the Fitness Center

The meetings are open to the public and will be conducted in accordance with the provisions of Florida law for Community Development Districts.

There may be occasions when one or more Supervisors will participate by telephone. The meetings may be continued in progress to a time, date, and location stated on the record without additional publication of notice.

Any person requiring special accommodations at these meetings because of a disability or physical impairment should contact the District Office for your CDD. For Marshall Creek call (954) 603-0033, for Sweetwater call (904) 940-5850, at least 48 hours prior to the meeting. If you are hearing or speech impaired, please contact the Florida Relay Service at 7-1-1 for aid in contacting the District Office.

Each person who decides to appeal any action taken by the Board with respect to any matter considered at these meetings is advised that person will need to ensure that a verbatim record of the proceedings is made, including the testimony and evidence upon which such appeal is to be based.