

# PALENCIA



## COMMUNITY COMPASS

September 2025 Edition

*Discover Palencia ~ Your Map to Community Living and Exploration*



# AMENITY HOURS

[Click Here for the Palencia Online Calendar](#)



## MC Amenity Center and Pools

### **Pools**

Sunday through Saturday

9:00 AM - 8:00 PM

### **Slide**

*Saturdays & Sundays:*

12-4 PM

\*Friday, 9/19, 12-6 PM\*

### **Center**

9:00 AM - 8:00 PM

## Palencia Tennis

### **Courts Available**

7:00am - 10:00 PM daily

### **Tennis Shop Hours of Operation**

Monday-Friday 8:00 AM - 7:00 PM

Saturday & Sunday 8:00 AM - 4:00 PM



## Sweetwater Swim & Fitness Center

### **Center:**

Monday- Thursday: 5:00 AM- 9:00 PM

Friday: 5:00 AM- 8:00 PM

Saturday and Sunday: 8:00 AM- 7:00 PM

### **Lap Pool:**

Same as Fitness Center.

\*Varying hours in Winter Season\*

# PALENCIA

## Public Entities

### Community Development Districts

**Created under Chapter 190 of the Florida Statutes  
Governed by a Board of Supervisors**

**Responsibilities** include overseeing the creation, funding, and ongoing maintenance of community infrastructure, including:

- Common grounds and landscaping
- Ponds, lakes, and stormwater management systems
- Amenity centers and recreational facilities
- Gate systems at North & South Loop and Las Calinas (maintenance, access codes, keys, etc.)
- Community streets and roadways
- Entryways and perimeter walls
- Elevated boardwalks

### How are fees paid?

Owners are billed for this through their annual property tax statement as a non-ad valorem assessment. Assessments consist of a bond portion which may be paid off and a maintenance portion which will always exist.

### Who to call?

**Click the link below—or copy it into your browser**  
—to identify the CDD responsible for your lot.  
**<https://www.palenciaonline.com/addresses/>**

#### **District Management**

**(District Information, Records, Bonds, Estoppels)**

#### **MCCDD**

(321) 263-0132

**[www.marshallcreekcdd.com](http://www.marshallcreekcdd.com)**

#### **SWCDD**

(321) 263-0321

**[sweetwatercreekcdd.com](http://sweetwatercreekcdd.com)**

**Onsite Management & Palencia Amenity Center**  
(904) 810-0520  
625 Palencia Club Drive

**Onsite Management & Palencia Fitness Center**  
(904) 829-8488  
1865 North Loop Pkwy

**[www.palenciaonline.com](http://www.palenciaonline.com)**

## Private Entities

### Property/ Home/ Condominium Owners Associations

**Not-for-profit Corporation created under  
Chapters 617 and 720 (POA/HOA) and Chapter  
718 (Condo) of the Florida Statutes  
Governed by a Board of Directors**

**Responsibilities** include the enforcement and implementation of the Association's governing documents, specifically as they relate to individual lots:

- Covenant restriction enforcement
- Architectural review and control
- Common areas owned by the Association
- Building elements for multi family units including: roofs, parking garages, common walls, etc.
- Gate systems for individual neighborhoods including: Avila & Augustine Island

### How are fees paid?

Owners receive assessment coupons or statements from the Association for their Dues, which can be annually, quarterly, or monthly. See your specific association for details.

### Who to call?

Palencia consists of several Associations.  
**Click the link below—or copy it into your browser**—to identify your specific POA and access the correct contact information.

**<https://www.palenciaonline.com/addresses/>**



# FITNESS CENTER: HOLIDAY HOURS

## Class Schedule 8/31 & 9/1

- Mon. 6am HIIT- Happening
- Mon. 9am Pilates - Cancelled
- Mon. 10:15am Spin - Cancelled
- Mon. 11:10 Senior Stretch- Happening
- Mon. 6:00pm Pilates Barre- Cancelled

**Sunday 8/31 4pm NO YOGA**

Sweetwater  
Fitness Hours  
5am-9pm (9/1)

*Happy  
Labor Day  
September 1st*





THIS FRIDAY, 9/5  
AT THE  
AMENITY CENTER!!

# WHY DO I FEEL THIS WAY? **THERE'S A REASON**

Chronic fatigue  
Stubborn weight gain  
Thyroid conditions  
Insomnia  
Brain fog  
Digestive issues  
Autoimmune issues  
& More

## **FREE** **DINNER** **SEMINAR**

WITH **DR. PETE OLSEN, M.D.**



**SEPTEMBER 5 • DINNER 5:30 PM • DR. OLSEN 6:00 PM**  
**PALENCIA GATHERING ROOM**



# FITNESS CENTER

# September 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1 Fitness Center Hours 5am-9pm <b>Labor Day</b>	2	3 no Meditation class Instructor is out of town	4 Sweetwater CDD Meeting at 4pm	5	6	7
8	9 Tai Chi 12:30pm Beginners	10 no Meditation class Instructor is out of town	11 Tai Chi 12:30pm Advanced	12	13	14
15	16 Tai Chi 12:30pm Beginners	17 no Meditation class Instructor is out of town	18 Tai Chi 12:30pm Advanced	19	20	21
22	23 Tai Chi 12:30pm Beginners	24 no Meditation class Instructor is out of town	25 Tai Chi 12:30pm Advanced	26	27	28
29	30 Tai Chi 12:30pm Beginners					

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00am HIIT H		6:00am HIIT H				
	8:30am Cardio X Training M/H	8:45am Spin M/H	8:30am Cardio XT training M/H			
9:00am Pilates M				9:00am Gentle Yoga E	9:00am Zumba E/M	
10:15am Spin M/H	10:00am Cardio/Core E/M	10:30am Meditation E	10:00am Strong AllOver E			
11:00am SeniorStretch E	11:00am Senior MatPilates E	11:00am Yoga E	11:00am Senior MatPilates E			4:00pm Yoga E/M
	12:30pm TaiChi Beginners		12:30pm Tai Chi E Advanced	12:00pm Senior Stretch E	<b>Fitness Center:</b> <a href="tel:9048298584">(904) 829 -8584</a> <b>Amenity Center:</b> <a href="tel:9048100520">(904) 810-0520</a> E=Easy M=Medium H=Hard 9/1/2025	
	5:15pm Yogalates M	5:15pm Power Yoga M/H				
6:00pm Pilates Barre M/H	6:30pm Power Pump M/H	6:30pm Zumba E/M				

## FITNESS SCHEDULE





# TENNIS CENTER



## SEPTEMBER NEWSLETTER

### Youth Tennis News:

#### **Tiny Tots:**

Ages 5-8

Mondays and Thursdays

4:00-4:50 pm

#### **Intermediate:**

Pro approval required

Tuesdays and Wednesdays

4:00-5:00 pm

#### **Junior Varsity:**

Pro approval required

Wednesdays

5:00-6:00 pm

#### **Tournament Development:**

Pro Approval required

Mondays, Tuesdays and Thursdays

5:00-6:30 p.m.

Prices and class descriptions can be found on [Palenciaonline.com](http://Palenciaonline.com) or stop by the office!

**Please sign up in advance for all clinics!**



#### **Youth Pizza Tournament**

Friday, September 19<sup>th</sup>

12:00-2:00 p.m.

**Intermediate and above level players!**

**\$15/pp**

**Sign up in advance!**

### **4th Annual Tournament to Benefit the Delores Barr Weaver Policy Center: See The Girl**

Mixed and Ladies Doubles

Friday, Saturday and Sunday,

Sept. 12<sup>th</sup>-14<sup>th</sup>

\$120/pp

Please see the link below to learn about this charity and to register (see Tickets tab) for the event

[seethegirl.org/tennis](http://seethegirl.org/tennis)

**Tennis Courts will not be available on tournament days for open play.**

#### **BEGINNER TENNIS**

**for adults!**

**Every Friday from**

**11:00 a.m.-12:00 p.m.**

**\$18/class**

**Must sign up in advance!**

#### **DRILL CLINICS FOR ADULTS**

**on Mondays are back starting**

**9/8!**

**6:30 a.m.-7:30 a.m.**

**\$18/pp**

**Please sign up in advance for all clinics!**

**Labor Day, Monday,  
September 1st**

No adult or youth classes.  
Courts and Tennis Office are open as usual.



**PLEASE continue to make court reservations at 8:00 am or 10:00 am to maximize play!**

### **OKTOBERFEST SOCIAL:**

**Tentatively scheduled for  
October 24th!**

**Fun for all! Details and sign-ups coming soon!**

**Palencia Tennis Center  
904-825-4012**

[palenciatennis@marshallcreekcdd.com](mailto:palenciatennis@marshallcreekcdd.com)

Tom Salmon-Director of Tennis

[tom.salmon@marshallcreekcdd.com](mailto:tom.salmon@marshallcreekcdd.com)

Galina Boles-Head Pro

[galina.boles@marshallcreekcdd.com](mailto:galina.boles@marshallcreekcdd.com)

Jana McDaniel-Tennis Pro

[janatennispro@gmail.com](mailto:janatennispro@gmail.com)

Myron Grunberg- Tennis Pro

[Myron49@aol.com](mailto:Myron49@aol.com)



# TENNIS CENTER



BENEFITTING:

DELORES BARR WEAVER  
**POLICY CENTER**  
SEE THE GIRL®

**FOURTH ANNUAL**

## CHARITY TENNIS TOURNAMENT

**FRIDAY- SUNDAY  
SEPTEMBER 12-14, 2025**

### PALENCIA TENNIS CENTER

625 PALENCIA CLUB DRIVE  
SAINT AUGUSTINE, FL 32095

### MATCH PLAY & PRIZES TO DIVISION WINNERS

MIXED & LADIES DOUBLES DIVISIONS:  
6.0 & UP, 4.0, 3.5, 3.0, 2.5,

### PLAYERS RECEIVE:

- DRINKS AND LUNCH ON SATURDAY & SUNDAY
- TOURNAMENT T-SHIRT

**ENTRY FEE \$120**

### REGISTER ONLINE:

[WWW.SEETHEGIRL.ORG/TENNIS](http://WWW.SEETHEGIRL.ORG/TENNIS)

The Delores Barr Weaver Policy Center serves girls, young women, and female identifying youth who are often failed by systems: girls of color, girls in foster care, survivors of human trafficking, and girls from underserved communities. The Policy Center tackles the root causes of justice system involvement by changing the policies and practices that unfairly trap girls in destructive cycles of justice system involvement, generational trauma, and poverty. The Policy Center's work is bold, unwavering, and centered on the voices and lived experiences of girls.



# TENNIS CENTER



## YOUTH PIZZA TENNIS TOURNAMENT DAY

Friday, September 19th  
1200-2:00 p.m.  
Cost is \$15/pp

Intermediate/Tournament Dev/JV

All players will get pizza and drinks!  
Sign up in advance!

Please sign up in the tennis office or call at 825-4012 or email  
at  
[palenciatennis@marshallcreekcdd.com](mailto:palenciatennis@marshallcreekcdd.com)



## Beginner Tennis for adults

Always wanted to learn to play tennis? Here's your  
chance starting August 15th!

Day: Every Friday

Time: 11:00 a.m.—12:00 p.m.

Cost: \$18/clinic

Please sign up in advance by calling the Tennis Center  
at 904-825-4012 or emailing at

[palenciatennis@marshallcreekcdd.com](mailto:palenciatennis@marshallcreekcdd.com)



# AMENITY CENTER



## **\*Reminder\***

Effective August 1, 2025, the Amenity Center will no longer accept cash payments.

All payments must be made by debit/credit card or by check payable to Marshall Creek CDD.

Thank you for your understanding and cooperation.



# AMENITY CENTER: EVENTS

## Thrive Longevity Dinner Seminar

**Septemeber 5th**

5:30pm

WHY DO I FEEL THIS WAY?  
**THERE'S A REASON**

Chronic fatigue  
Stubborn weight gain  
Thyroid conditions  
Insomnia  
Brain fog  
Digestive issues  
Autoimmune issues  
& More

**FREE  
DINNER  
SEMINAR**

WITH DR. PETE OLSEN, M.D.



SEPTEMBER 5 • DINNER 5:30 PM • DR. OLSEN 6:00 PM  
PALENCIA GATHERING ROOM



**Chick-Fil-A**

Second Tuesday of the Month

**September 9th**

5:00-7:30pm or until sell out

## Tween Takeover!

**Friday, September 12th**

7-9pm

**TWEEN  
TAKE  
OVER**

Friday, Sept. 12th  
7:00PM-9:00PM

**Ages 10-14 ONLY**

THE TEENS ARE TAKING OVER THE  
FAMILY POOL AT THE AMENITY CENTER!

AT 7PM, THE FAMILY POOL WILL BE  
CLOSED TO ALL EXCEPT 10-14 YEAR  
OLD'S, AND WILL REMAIN OPEN FOR AN  
EXTRA HOUR OF FUN!

**FOAM**

**SLIDE  
OPEN**

**GAMES**

RSVP REQUIRED | TICKETS ARE LIMITED

## Trivia Night

**Friday, September 26th**

5:30-8:00pm



PALENCIA PRESENTS TRIVIA NIGHT!!!

Friday  
26 Sept., 2025

Trivia Start: 6pm

Amenity Center:  
Covered Verandah

## TEAMS OF 8 AND UNDER

This is a free, family friendly event.

Must RSVP online by 4:30pm the day of the event.

Weather Permitting

**RSVP NOW**



# AMENITY CENTER: POOLS



## HOOK & IRON CAFE

CLOSED:

MONDAY-FRIDAY

OPEN:

SATURDAY & SUNDAYS, 12:00-6:00 PM

\*WEATHER PERMITTING\*



## SEPTEMBER SLIDE HOURS

CLOSED:

MONDAY- FRIDAY

OPEN:

SATURDAY & SUNDAYS, 12:00-4:00 PM

\*FRIDAY, 9/19, 12-6\*

\*WEATHER PERMITTING\*



# AMENITY CENTER: FITNESS

## Fitness Class Schedule

### **Les Mills BODYCOMBAT**

Mondays at 9:00am with Heather S.

### **Les Mills BODYPUMP**

Tues/Wed/Friday with Crispin at 10am

Thurs with Miranda at 10am

Sat with Miranda at 9am (Express)

**\*BodyPump is an intense muscular workout that requires adequate recovery time for safety and effectiveness. Residents MAY NOT RSVP for the class on two consecutive days.\***

### **CARDIO STEP**

Wednesdays & Fridays  
at 8:45am with Crispin

## Aqua Fitness Schedule

**\*Season ends Sept 30th\***

### Aqua Aerobics

- **Tuesdays** at 9:00am with Linda
- **Thursdays** at 9:00am with Pat
- **Saturdays** at 9:00am with Patty

### **\*\*\*Les Mills Dance\*\*\***

Trial classes on 9/6, 9/20  
at 10am.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Fitness Classes</b>						
		8:45am Cardio Step		8:45am Cardio Step	9:00am Body Pump Express	
9:00am Body Combat	9:00am Aqua Aerobics		9:00am Aqua Aerobics		9:00am Aqua Aerobics	
10:15am Virtual Body Pump	10:00am Body Pump	10:00am Body Pump	10:00am Body Pump	10:00am Body Pump	10:00am Les Mills Dance: Trial classes on 9/6, 9/20	
<b>Dance/Cheer</b>						
4:15-5pm 4 yr olds Ballet/Tumb	4:15-5pm 3 yr olds Ballet/Tumb.	4:15-5pm 5-6 yr olds Ballet/Jazz/Tumb.		4:30-5:15pm 5 & Up Cheerstars Oct-Feb (Begins Sept 19 <sup>th</sup> )		
5-5:45pm 7-11 yr olds Hip- Hop/Jazz/Line Dances (Begins Sept 8 <sup>th</sup> )	5-5:45pm 7-9 yr old Ballet/Jazz	5-5:45pm 2 yr olds Ballet/Tumb				
5:45-6:30pm Creative Movement						

**SEPTEMBER**

**AMENITY CENTER CLASSES**



# AMENITY CENTER: FITNESS



**Trial Classes on the following Saturdays at 10am:  
September 6<sup>th</sup>, and 20<sup>th</sup>**

Feel the beat, work your body, elevate your heart rate, and boost endurance.

LES MILLS DANCE trial class is a high-energy workout that will challenge and move you. The workout is anchored in 3 cardio peaks, a warm-up, and a cool-down. It combines innovative dance movements with the latest music to drive energy and motivation in every move.

With a focus on movement and technique, LES MILLS DANCE is simple to master and a great option for those who want to improve their dance skills while getting fit or for anyone who loves to dance. Created by dancers, the coaching style is clear, and musical and will help you to master each movement with ease. Get ready to dance your way to a fitter, healthier you with LES MILLS

DANCE



# AMENITY CENTER: CLUBS

[Click Here for the Palencia Online Calendar](#)



**Palencia Game Club**  
**Monday's at 11am**  
**Canceled for Summer**



**Mah Jongg**  
**Monday's at 1pm**



**Men's Bible Study**  
**Monday's (Except last Monday)**  
**7pm**



**Ladies Canasta Club**  
**Tuesday's**  
**10am**



**Palencia Gems Club**  
**TBD**



**Vintage Ladies Book Bunch**  
**Third Tuesday**  
**4pm**



**Just Books Club**  
**Third Wednesday**  
**12pm**



**Farkle**  
**Thursday's**  
**12:30pm**



# *New Feature*

## BREAKING NEWS

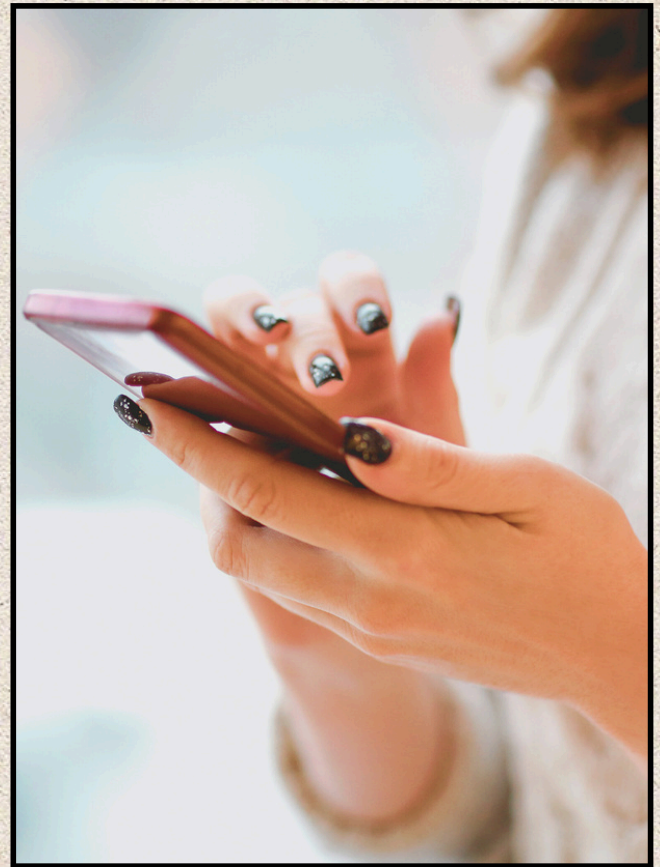
### Introducing text/SMS message notifications for PalenciaOnline.

We're excited to announce a new way to stay connected with CDD news and updates! PalenciaOnline is introducing a text/SMS notification service to ensure you receive timely information straight to your mobile devices.

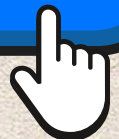
By subscribing to our text notifications, you'll get:

- Instant Alerts: Receive urgent updates and reminders directly.
- Community News: Stay informed about events, maintenance schedules, and more.
- Important Announcements: Meeting reminders, facility schedule information, etc.

To join, click here from your mobile phone or other device. Standard messaging rates apply.



**REGISTER HERE**



Your privacy is important to us. You can unsubscribe at any time by responding to any Palencia text with the word "Stop". We value your participation and look forward to keeping you informed through this convenient new communication tool.

Thank you for being part of our Palencia community!



# PALENCIA

## Onsite CDD Management Contacts

### **MCCDD**

#### **General Manager**

Jodi Moore

jmoore@vestapropertyservices.com

#### **Assistant General Manager**

Denise Powers

dpowers@vestapropertyservices.com

### **SWCDD**

#### **General Manager**

Erin Gunia

egunia@vestapropertyservices.com

#### **Fitness Center Manager**

Cheryl Blythe

cblythe@vestapropertyservices.com

Please call (904) 810-0520 for a new resident appointment.

## CDD Information

### **Marshall Creek CDD Meeting**

#### **Board Meeting**

**9/17 at 4pm**

At the Amenity Center

### **Sweetwater CDD Meeting**

#### **Board Meeting**

**9/4 at 4pm**

At the Fitness Center

The meetings are open to the public and will be conducted in accordance with the provisions of Florida law for Community Development Districts.

There may be occasions when one or more Supervisors will participate by telephone. The meetings may be continued in progress to a time, date, and location stated on the record without additional publication of notice.

Any person requiring special accommodations at these meetings because of a disability or physical impairment should contact the District Office for your CDD. For Marshall Creek call (954) 603-0033, for Sweetwater call (904) 940-5850, at least 48 hours prior to the meeting. If you are hearing or speech impaired, please contact the Florida Relay Service at 7-1-1 for aid in contacting the District Office.

Each person who decides to appeal any action taken by the Board with respect to any matter considered at these meetings is advised that person will need to ensure that a verbatim record of the proceedings is made, including the testimony and evidence upon which such appeal is to be based.